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# NEWS RELEASE

**FOR IMMEDIATE RELEASE:**

## **VA Seeks Veterans for post-Cancer Treatment Research Study**

**OMAHA, Neb., March 17, 2014** – Veterans who completed cancer treatment may be eligible for a research study designed to help people regain their physical, emotional and spiritual health.

The U.S. Department of Veterans Affairs Nebraska-Western Iowa Health Care System seeks veterans who completed surgery, chemotherapy and/or radiation for a diagnosis of cancer for the study.

Veterans must be enrolled in the VA health care system to be eligible.

Veterans with additional serious health issues may not be eligible.

The program involves a 12-week holistic rehabilitation program where participants meet about two hours per week. The instruction features topics that include nutrition, coping, relationships, relaxation, spirituality, sexual functioning, happiness and mental health.

Participants must complete at least 10 of the 12 sessions to graduate.

Each veteran who participates may bring a family member or friend to participate with him or her.

The study location is at the VA medical center, 4101 Woolworth Ave, Omaha.

The principle research investigator conducting the study is Mary Salter.

For more information or to participate, contact Lori Jensen at 402-995-4119 or Jodi Laking at 402-995-4872.

This is a research study and not treatment. This research has been approved by the VA NWIHCS Institutional Research Board.

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### **About VA Nebraska-Western Iowa Health Care System**

The VA Nebraska-Western Iowa Health Care System's mission is to honor America's Veterans by providing exceptional health care that improves their health and well-being. VA NWIHCS employees serve more than 161,000 Veterans in Nebraska, western Iowa and portions of Kansas and Missouri. The system includes a tertiary medical center in Omaha and a Community Living Center in Grand Island, Neb. Community-based outpatient clinics are located in Lincoln, Grand Island, North Platte, Norfolk, and Bellevue, Neb., and Shenandoah, Iowa; and a contract outreach clinic in O'Neill, Neb. For more information, visit <http://www.nebraska.va.gov>

#### For further information, contact:

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